



Jackfield Infant School E-safety - Top tips

- Leave all gaming devices in a family space
- Open up communication - talk to your child about the sites they are using and why they like them
- Explain that people lie online and they are not always who they say they are
- Explain that people can be mean online and don't always have their best interests at heart
- Ask children to never give out personal information
- Set parental controls
- Set time limits on how long they can game for. Allow time for non-technology based activities and allow 'screen free' time before bed

Parental controls

- Block sites that are not age appropriate
- limit inappropriate and illegal material
- Set timings - automatic switch off at bedtime
- Monitor activity

Simple steps to protection

- I have asked my child to show me sites they use
- I have asked my child to set the security settings on all the technologies they use
- I have asked my child to only accept people they know and trust in the real world as online "Friends"
- I have set safe settings on our computer/laptop/tablet/online gaming systems and set adult content filters on my smart phone (if my child is using it to play games or search the internet).
- My child has agreed to tell me if they are worried about something online

Social networking facts

Children must be at least 13 to register on most social networking websites. But there's not a lot standing in the way of children joining at a younger age. However, if known to the police that children younger than 13 have social media accounts they can shut them down. Age limits are there to keep children safe so you shouldn't feel pressurised into letting younger children join these websites.

Useful websites

www.thinkuknow.co.uk/parents

www.ceop.police.uk

<https://www.net-aware.org.uk>

www.nspcc.org.uk/ShareAware

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>
(very useful)

<https://www.youtube.com/watch?v=o8auwnJtqE&feature=youtu.be>

<http://www.childnet.com/resources/smartie-the-penguin>

<https://www.youtube.com/watch?v=-nMUbHuffO8>

<https://www.saferinternet.org.uk/advice-centre/young-people/resources-3-11s>

<https://www.bbc.co.uk/cbbc/shows/stay-safe>